

SERENITY SPA - WEEKLY WELLNESS SCHEDULE

	Time	Price
MONDAY		
Morning Group Yoga at The Lighthouse Deck	7 am to 7:45 am	Complimentary
Group Sound Healing and Meditation	3 pm to 4 pm	USD 45 per person
TUESDAY		
Morning Group Yoga at The Lighthouse Deck	7 am to 7:45 am	Complimentary
Group Aqua Yoga at the main pool	11 am to noon	USD 45 per person
WEDNESDAY		
Morning Group Yoga at The Lighthouse Deck	7 am to 7:45 am	Complimentary
Group Zumba at the Yoga Pavilion	3 pm to 4 pm	USD 45 per person
THURSDAY		
Morning Group Yoga at The Lighthouse Deck	7 am to 7:45 am	Complimentary
Group Baros Pause	5.30 pm to 6.30 pm	Complimentary
FRIDAY		
Morning Group Yoga at The Lighthouse Deck	7 am to 7:45 am	Complimentary
Group Gentle Flow Yoga and Meditation	3 pm to 4 pm	USD 45 per person
SATURDAY		
Morning Group Yoga at The Lighthouse Deck	7 am to 7:45 am	Complimentary
Group Sound Healing and Meditation	3 pm to 4 pm	USD 45 per person
SUNDAY		
Morning Group Yoga at The Lighthouse Deck	7 am to 7:45 am	Complimentary

Private sessions may be arranged upon request, subject to availability.
For further details, please contact the Serenity Spa team.

All group classes require a minimum of two (2) to four (4) participants to proceed.
To reschedule or cancel an appointment, we kindly ask that you contact the Spa at least six (6) hours in advance. Changes made within six hours of the appointment will incur a 50% cancellation fee.
Cancellations made within two hours of the appointment or failure to attend, will incur the full service charge.
Thank you for your understanding.

All prices are quoted in USD and are inclusive of 17% government taxes and a 10% service charge.